

FRE
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ERI

2022

PRESS RELEASE

FRÉDÉRIC THIRIAUX ©

FRED

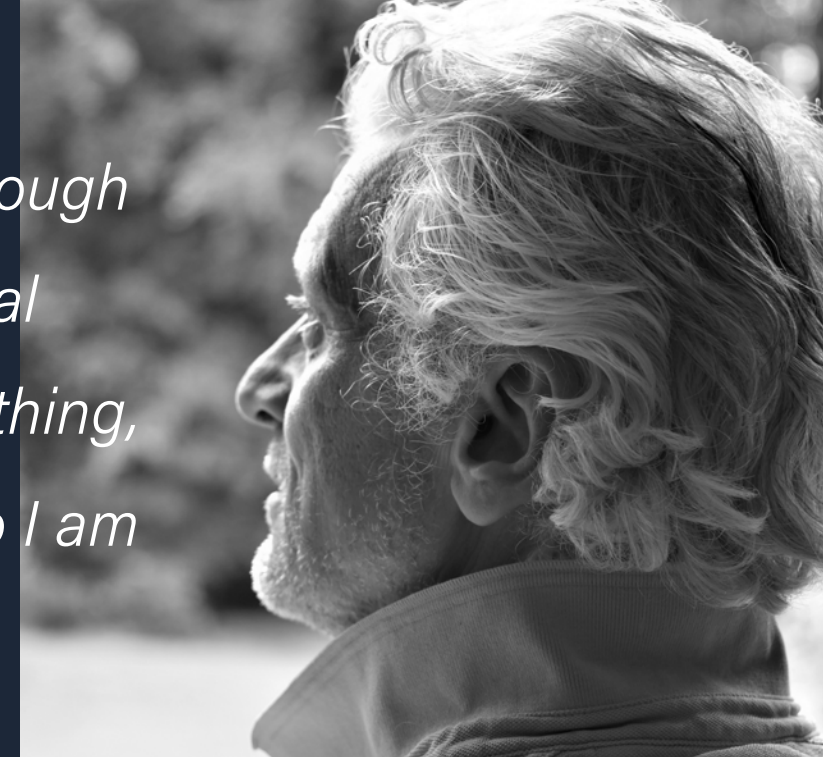
ERIC

Frédéric Thiriaux, better known by his stage name **FRED•ERIC** (as Nervus T), is a Belgian musician, singer-songwriter and producer.

Talented and versatile, FRED•ERIC is influenced by blues, rock, and pop. His baritone voice and tender lyrics are rich with experience, telling stories that explore human relations and the mysteries of life. From poignant piano solos to high energy rock beats, FRED•ERIC's music is accessible and varied. He sings in English and his native French.

Living proof that it's never too late to believe in your own talents, FRED•ERIC wrote and composed his first album "To Be Continued" in 2019, recorded at London's Abbey Road Studios and Brussels ICP Studios in 2020, and will play live at the leading concert venue Ancienne Belgique in March 2022.

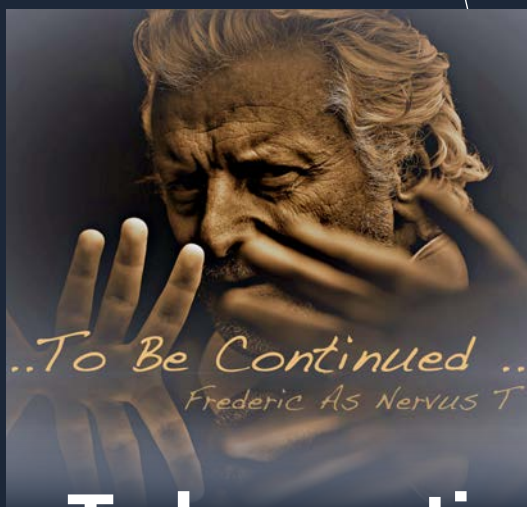
*Expressing myself through
music is a fundamental
need, my way of breathing,
of understanding who I am*



DISCO

GRAPHY

ALBUM



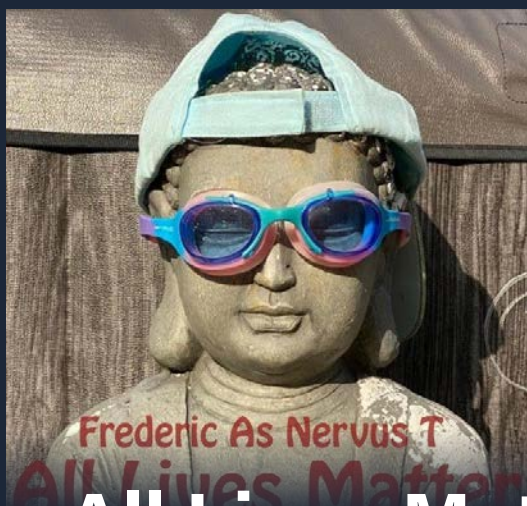
To be continued

RELEASED SEPTEMBER 2021

FRED•ERIC (as Nervus T) with the London
QR band & Musical Evasion

Label: WoAoW Art

SINGLE



All Lives Matter

RELEASED AUGUST 2021



Making of film

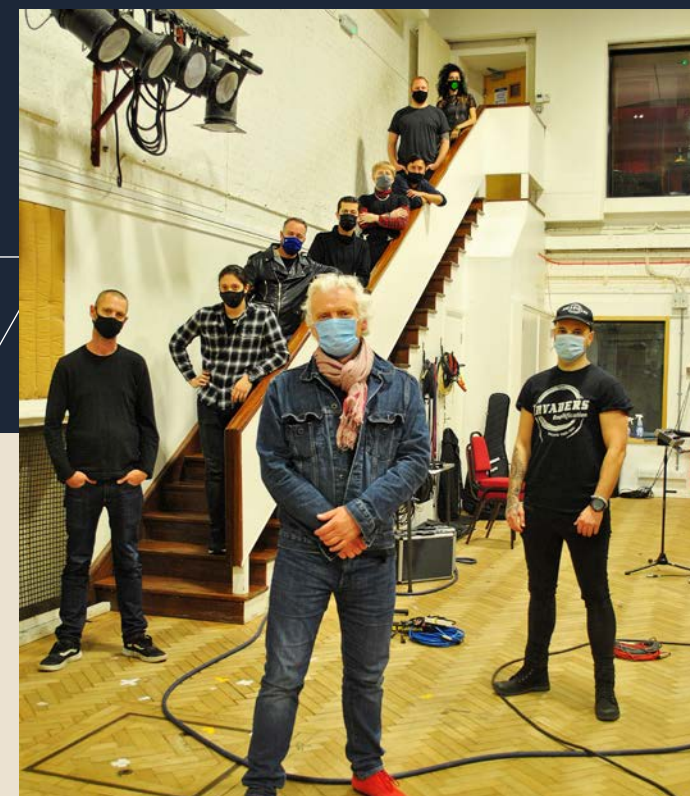
'Everyday as the first one'

The magic of world-class professional studios:

Abbey Road and ICP

The album 'To be continued' was recorded over two days at the legendary Abbey Road Studios in London, and two other days at the famous ICP Studios in Brussels.

Recording at these famous studios was an incredible and moving experience. "First, for the history of great artists who've recorded there and really made their mark on music. You really feel it in you, because the old recording equipment is still there, lots of photos... In



London, we were able to record in Studio 2, where the Beatles used to record, and play one of their pianos." Both studios also offer world-class sound quality and equipment.

A dream made reality, because watching Amy Winehouse and Tony Bennett recording the duet 'Body and Soul' at Abbey Road had inspired FRED•ERIC to finish the songs he'd been working on and produce his own album. As luck would have it, his former guitar teacher Quentin now works as a producer in London and was able to introduce FRED•ERIC to a group of London-based professional musicians from around the world. They rehearsed together only once in London before recording in the world-famous studios.

The openness and energy of the band members pulses through the rich sound of the finished album. As one of the band's members puts it: "There's a lot of love and energy in this project. The chemistry between the band members makes it magic."



BIO GRAPHY

FRED•ERIC is someone who embraces his dual nature to live a full life. Emotion and reason, conviction and doubt, French and English... FRED•ERIC is practical at work yet an artist in his soul, a man of the world approaching sixty who remains sensitive and is always developing as an artist.

As (The man behind the artist and vice versa).

Nervus in Latin signifies a sinew or tendon; a string of a musical instrument; a link which binds two important things together... Music for FRED•ERIC is this unifying element, a oneness that brings together his complementary energies.

T(hiriaux)

A love of music

FRED•ERIC is a singer-songwriter and musician who plays drums and piano. He has produced his own album "To be continued" under the name FRED•ERIC (as Nervus T) and is currently working on songs for his second album, "Light Blue".

FRED•ERIC is driven by his love of music and desire to write songs that are varied and accessible. His diverse range of influences include blues, rock, 70s pop, chanson française and classical music. Elements from each genre infuse his approach to form, creativity, and lyrical expressivity, sprinkled with a spirit of rebellion and showmanship.

Alive to the world around him, FRED•ERIC finds inspiration in everyday and past experiences. "It always starts with an undefined feeling, about things I either love or hate, which prompts me to write to understand them better."

He's living proof that there's no better time to start than now. "The most important, and difficult thing, is to follow your intuition and take a decision. Then things start to align, and you must go for it."



A little back story

Frédéric Thiriaux was born in Ixelles, Brussels in 1963.

His musical education started very young. "I received a little toy piano when I was two or three years old, and later started drumming with chopsticks on tubs of washing powder with a friend. My cousins had a band and I loved watching them rehearse."

FRED•ERIC has had a lifelong connection to music - as a radio presenter, at the theatre, at events, as a DJ and as a member of a cover band. He always had a space in the house where people could get together and play or listen to music.

Beside his music, FRED•ERIC is a family man. A kind of "rock n roll Papa" who's both inspired and supported by those closest to him. Management skills, ability to learn quickly, and technical knowhow from his other career in IT have proved very helpful in creating his label and producing his first album from scratch.

FRED•ERIC also enjoys reading, meeting new people and the freedom he feels when riding his motorbike. His mind is constantly bubbling with several projects, and he's currently developing ideas for a musical soundtrack linked to his first novel in progress.

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